



Christ ^{the} Saviour Orthodox Church

Orthodox America (OCA) • Diocese of Eastern Pennsylvania

5501 Old Locust Lane, Harrisburg, PA 17109

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WWW.CTSHBG.ORG

Archbishop Mark (Maymon), Hierarch

V. Rev. Stephen Vernak, Pastor

Rt. Rev. Daniel Kovalak, Attached

Mark Yerke, Parish Council President

Dn. Peter (Scott) Staller, Attached

Dn. John Shingara, Attached

Rdr. Christopher Rakowski, Choir Director

Sbdn. Andrew Katerman, Treasurer

But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. *Galatians 5:22-23*

Sunday April 3, 2022

FOURTH SUNDAY OF LENT — Tone 8. St. John Climacus (of *The Ladder*).

Ven. Nikéas the Confessor, Abbot of Medikion. Virgin Martyr Theodosia of Tyre, & Martyr Irene. St. Illyricus of Mt. Myrsinon in the Peloponnese. Martyrs Elpidophorus, Dius, Bithonius, & Galycus. "Unfading Flower" Icon of the Mother of God .

Schedule: **Hours - 9:10am; Divine Liturgy – 9:30am;** Church School & Fellowship, *following*; Orthodoxy 101 – 12:30pm; **Lenten Vespers – 5pm @ Holy Trinity Greek Cathedral, Camp Hill**

Readers: 3rd Hour: **Kenneth Snyder** 6th Hour: **Rdr. Matthew Lubecki**

Epistle: Larry Smith • Post-Communion: Rdr. Leo Leer

Welcome to our Visitors!

Interested in learning more? Please visit our parish website and email our priest, **Fr. Stephen Vernak**

Hymns & Readings

Troparion of the Resurrection, Tone VIII —

Thou didst descend from on high, O merciful One; Thou didst endure the three-day burial to free us from our sufferings; O Lord, our life, and resurrection, glory to Thee.

Troparion, Tone I —

A desert-dweller, an angel in the flesh, and a worker of wonders, thou, O our God-bearing father John, wast shewn to be; for, having acquired heavenly gifts through fasting, vigilance, and prayer, thou healest the infirm, and the souls of them that have recourse to thee with faith; glory to Him that gave thee strength; glory to Him that hath crowned thee; glory to Him that worketh, through thee, healings for all.

Glory to the Father, and to the Son, and to the Holy Spirit.

Kontakion, Tone IV —

The Lord hath, truly, set thee upon the heights of abstinence, as an unerring star, giving light to the ends of the earth, O teacher John our father.

Now and ever, and unto ages of ages. Amen.

Kontakion of the Resurrection, Tone VIII —

By rising from the tomb, Thou didst raise the dead, and resurrect Adam; Eve exulteth in Thy resurrection; and the world celebrateth Thy rising-from-the-dead, O greatly-merciful One.

Prokeimenon & Readings:

Tone 8: Pray and make your vows / before the Lord, our God!
(*Resurrection*)

Verse: In Judah God is known; His Name is great in Israel.

Tone 7: Let the saints exult in glory; / let them sing for joy on their couches! (*St. John Climacus*)

Epistle: (*Hebrews 6:13-20*) *Brethren*, when God made a promise to Abraham, because He could swear by no one greater, He swore by Himself, ¹⁴saying, “Surely blessing I will bless you, and multiplying I will multiply you.” ¹⁵And so, after he had patiently endured, he obtained the promise. ¹⁶For men indeed swear by the greater, and an oath for confirmation *is* for them an end of all dispute. ¹⁷Thus God, determining to show more abundantly to the heirs of promise the immutability of His counsel, confirmed *it* by an oath, ¹⁸that by two immutable things, in which it *is* impossible for God to lie, we might have strong consolation, who have fled for refuge to

lay hold of the hope set before us. ¹⁹ This *hope* we have as an anchor of the soul, both sure and steadfast, and which enters the *Presence* behind the veil, ²⁰ where the forerunner has entered for us, *even* Jesus, having become High Priest forever according to the order of Melchizedek.

Alleluia Verses:

Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior!

Let us come before His face with thanksgiving; let us make a joyful noise to Him with songs of praise!

They that are planted in the house of the Lord shall flourish in the courts of our God.

Gospel: (Mark 9: 17-31) *At that time*, one of the crowd answered and said, “Teacher, I brought Your son, who has a mute spirit. ¹⁸ And wherever it seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid. So I spoke to Your disciples, that they should cast it out, but they could not.” ¹⁹ He answered him and said, “O faithless generation, how long shall I be with you? How long shall I bear with you? Bring him to Me.” ²⁰ Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth. ²¹ So He asked his father, “How long has this been happening to him?” And he said, “From childhood. ²² And often he has thrown him both into the fire and into the water to destroy him. But if You can do anything, have compassion on us and help us.” ²³ Jesus said to him, “If you can believe, all things *are* possible to him who believes.” ²⁴ Immediately the father of the child cried out and said with tears, “Lord, I believe; help my unbelief!” ²⁵ When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it, “Deaf and dumb spirit, I command you, come out of him and enter him no more!” ²⁶ Then *the spirit* cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, “He is dead.” ²⁷ But Jesus took him by the hand and lifted him up, and he arose. ²⁸ And when He had come into the house, His disciples asked Him privately, “Why could we not cast it out?” ²⁹ So He said to them, “This kind can come out by nothing but prayer and fasting.” ³⁰ Then they departed from there and passed through Galilee, and He did not want anyone to know *it*. ³¹ For He taught His disciples and said to them, “The Son of Man is being betrayed into the hands of men, and they will kill Him. And after He is killed, He will rise the third day.

Upcoming Services & Events

Apr 4, Mon: Nut Roll Separating Eggs – 9am

Apr 5, Tue: Nut Roll Baking –8am; Nut Roll Bagging/Clean up –5pm; **Compline** – **6:30pm**; Great Lent Adult Ed: Topic: “Confession” with Fr. Timothy - 7pm

Apr 6, Wed: (Deanery) **Pre-Sanctified Liturgy – 9:30am**; Pot luck & Deanery Meeting –*following*; Bible Study – noon; **Matins & Canon of St. Andrew – 6:30pm**; Confession, *following*

Apr 8 Fri: **Akathist – 6:30pm**; Confession, *following*

Apr 9, Sat: Pascha Bread Baking –8am; Bethesda Mission –10am; Nut Roll Clean up –10am; **Vespers – 5pm**; Reading of the Life of St. Mary of Egypt, Confession & Choir Rehearsal *following*

Apr 10, Sun: ST. MARY OF EGYPT. Hours - 9:10am; Divine Liturgy – 9:30am; Church School & Fellowship, *following*; Nut Roll & Pascha bread pick up; **Lenten Vespers – 5pm @ Holy Apostles, Mechanicsburg**

Readers: 3rd Hour: **Lydia Mantle** 6th Hour: **Eleanor Herman**

Epistle: **Manny Lopez** • Post-Communion: **Janice Zuro**

Parish News

Great Lent Adult Ed: Will conclude on **Tue, April 5th @7pm (Compline @ 6:30pm)**. See the parish email/calendar for more information.

Nut Roll Baking: Help is needed for Nut Roll Baking, below is the schedule & remember *On the Job Training is Provided!*

- Mon, April 4 - Separate eggs 9:00am
- Tues, April 5 - Baking 8am, Bagging & clean-up 5pm
- Sat, April 9 - Nut roll clean-up 10am-12pm

Pascha Bread Making: Will be held on **Sat. April 9 @ 8am**.

Pascha News:

- **Decorated Candles** – Sign up sheet on the candle stands - \$12 ea.
- **Grave Watching** - Please see the parish email to sign up.
- **Holy Week & Pascha Work Days** – Questions contact **Jason Zeppuhar**.
 - **Fri, Apr 15:** 9am to 3pm, Property clean-up & Church cleaning &
 - **Sat, Apr 23:** after Liturgy, Egg Wrapping, Property prep, Church cleaning etc.
- **Pussy Willows**—Please bring any you have cut to the church basement so we can have them for our celebration of Palm Sunday on April 17th.
- **Pascha Egg Volunteers**—10 families needed to dye 2 doz. each - dye and instruction packets are on the candle desk. NOTE: please bring to church by Holy Saturday Liturgy (Sat, April 23rd at 8:30am).

Lunch Bunch: Bright Wed, April 27 at 12:30pm (location TBD). Email Kathy Pankiw at kzpankiw@aol.com with suggestions (note: restaurants must take large group reservations, and allow for individual checks)

Parish Cookbook: Don't forget the deadline for entries is **May 31st**. The instructions & forms can be found on our Parish website under the tab Parish Life & then Parish Documents. We are counting on all of you!

Sunday school: There will be no Sunday school on **April 17th & 24th**.

Rebuilding Together – SAVE the DATE: Sat, April 30. Help a local family in need by assisting in home repairs. To learn more visit <http://rtgh.org/>

SAVE the DATE: 6th Annual OCCGH Golf Tournament will be held on **Sat, July 9** at Eagles Crossing Golf Course in Carlisle - 4 person Scramble Play with Team & Skill Prizes plus a Sirloin Steak & Beer Buffet. \$280 per team. RSVPs are due by **July 7**.

Fellowship Hour: The Men's Club will host fellowship until Pascha.

Parish Prayer List

Names will be listed for 2 weeks unless requested.

NEWLY DEPARTED [40TH DAY]: Myrna Heminway (aunt of Alice Mallick) March 22 [4/30]; Charles Vansickle (friend of Samantha Lopez) - March 20 [4/4]; Gary Leer (cousin of Rdr. Leo) - March 19 [4/27]; Patricia Donovan (Dotty Fedetz's friend) - March 15 [4/23]; Christine Ghareeb (M. Myra's friend) - March 3 [4/12]; Jacqui Rieck (Ray's niece) - March 2 [4/11]; Christian Kinkel (uncle of Heidi Kushlan) - Mar 2 [4/11]; Daniel Milstein (Ethan Mandel's cousin) - Feb 24 [4/4];

ANNIVERSARIES OF DEPARTED: Betty Bonjanic, godmother of the Klipa's, Apr 3 - 9th; Peter Krempasky, +George's father, Apr 3 - 61st; Thomas White, Gerald's brother Apr 3 - 14th; Samuel Sumple, Apr 5 - 38th; Gilda Bifano, mother of Frank & grandmother of Elise, Apr 6 - 3rd; Alexander Pringley, brother of Mat. Theodora, Apr 7 - 17th; Mitred Ap. John Nehrebecki, grandfather of Fr. Stephen, Apr 7 - 4th; Eva Paraschak, sister of Dotty Fedetz, Apr 8 - 9th; Betty Rudd, aunt of +Barbara Norato, Apr 8 - 16th; Alice Cameron, Sean's grandmother, Apr 8 - 13th; Adam Mallick, Apr 8 - 5th; Protopodeacon Basil Hubiak, brother of +M. Olga Kovach, Apr 9 - 20th;

AILING: Ab. Paul of Chicago; **PARISHIONERS:** Terry Drebot **FAMILY/FRIENDS:** Betty (E. Mandel's grandmother); Alice, & Peter (cousins of Rdr. Leo); Denie (B. Keener's stepson); Shaun (brother of L. Desautels); Joan & Gary (family & friend of the J. & A. Cole); Daria (friend of the Dotsey & Klipa families); Hannes, Anne & Elizabeth (family of R. Rieck); Robert (cousin of John Dotsey); Andrea (I. Arahavos's mother); Elaine (sister of S. Africa);

Barry, Edwin, Phillip, Connie, & Daniel (family & friends of the Leer's); Juanita, Barry, Trish, Pam, Danielle, & Morgan (Hisiro family & friends); Elle (friend of J. McGreevy); John (brother of J. Krut); Pam, Dan & Nina (friends of D. Bupp); Gary & Peggy (cousin & friend of Donna Bretz); Alexsya, Suzanne, Gemma, (E. Herman's niece/godchild, family & friend); Erma (friend of N. Murphy); Igumen David (Lewis); Neal (D. Pawlusch's brother); James (brother of M. Koviloff); Betty & Bill (J. Mamay's friends); Joan Therese & Dori (mother & niece of N. Lubecki & J. Lewis); Lori (Z. Bares mother); Alex (uncle of C. Yerke); Lynn (Himes daughter-in-law); Kristin & Abe (family & friend of Dn. Peter); Shirley (L. Pawlusch's mother); Sandy, Hailey, & Kelly (friends of DiFlorio's);); child Joshua; Sandy, Sue & Doreen (E. Bare's friend & family); M. Lisa Weremedic (wife of Fr. James); Janice & Emil (J. Zuro & G. Leer's aunt & uncle); child Fynn; Kay, Richard, & Anya (aunt & friends of K. Leader); Patty (friend of K. Pankiw); Mitchel (Jean Dotsey's nephew); Linda (M. Sharon's mother); Ap. Michael & M. Valeria Hatrak; Jeanette (daughter of +E. Onufer); Jacob (brother of Pat Drebot); Mandi, Connie, Charlie, & Shirley (family & friends of Mallick's); Wendy (M. Deamer's mother);); Kim & Mona (sisters of Ab. Mark); David (friend of L. DiClemente); Brandon & Pam (friends of C. Neumann); Mary (mother of S. Kellachow); Mary & Nicholas (family & friends of the Kuchta's); Carole; Fern (Dn. Peter's mother); Grace & Karen (J. Mamay's sisters); Victoria, Erin & David (friends of L. Smith); M. Emily (Larissa & Anita's aunt); Karenmay (friend of L. Mantle); child Aura (friend of D. Zullo); Steven (J. Hake's father); child Eva; Lori & Constantine (Z. Bare's mother & family friend); Flora (T. Gault's mother); Grace (sister-in-law of D. Fedetz); Vera (Ressetar's family); Elizabeth; Cassandra & Peter (friends of L. Shuga); Bernadine, Lonnie & Fred (Osuch family); Charlie, Abuit, Paul, Adam, Bev, Alynda, Tina, Jenny, Marilyn, Jan, Alicia, Shelby, & Malinda (family & friends of the Kushlans); Seraphima (friend of J. Barns); Thelma, Shari, Norman, Darrell, Justo, Alexa, Thomas, Leida, Jesus, Marsha, Alexander, Anastasia, John, Brian, Timothy, Jessica, Saulo, Theodore, & Tanya, (Lopez friends & family); Joseph (S. Demchak's brother);

HEALTH & WELL-BEING: Those suffering from natural disasters. All victims of Sickness, Terror, War, Violence, Racism, Injustice & Civil Strife; Metropolitan Paul & Archbishop John of Aleppo held hostage by Syrian Terrorists, for the suffering people of Ukraine, Haiti & Afghanistan, especially our citizens & soldiers who are in harms way; **PARISHIONERS:** Thomas Drebot; Robert Baker; Eleanor Herman; Louise Bare; Gail & David Goss; Mary Ellen Osuch; Natalie Treece; Suzanne Demchak; Evan M.; Tony Onufer; Ita (Stephanie) Snyder; M. Theodora Ressetar; John "Jack" Sweikert; Joseph Sembrot; Birikit & Hannah Zerat; Jeanne Zane; Teklu Ogbamichael; Katherine Kudelko; M. Ap. Daniel & M. Myra Kovalak; Joseph (Moe) & Ruth Mazurek; Lazarus (Jonathan) Dunnavent; Kathryn Kellachow; Sue Wolfe; Daniel Bretz; Robin Kuzupas **HOME-BOUND & IN-CARE FACILITIES:** Michael Drozd; Carol; Rita; Nicholas Demopoulos; Nicholas Essis; Millicent Russell;

EXPECTANT MOTHER(S): Gabrielle (Kushlan) Russin; Tishna Fedetz; Brooke Jones; Elva Lubecki; Chicory (Snyder) Biers; *and the children to be born of them*; **COLLEGE STUDENTS:** Tseday Afrassa; Semhar Anghesom, Eden Araya, David, Amelia Demopoulos; Grace Firestine; Taylor Gladys, George Hata-lowich, Jacob Herman; Shawn Jacob; Rdr. Vladimer Kellachow; Flimon Kesete; Matthew Mikita; Sammy & Salina Kidane; Alexander Lamb; Timothy Monko, Molly Pylypciw; Ashley; Dave; Peter; Wessam; **MILITARY:** Conrad; Shawn; Benjamin; Rdr. Vladimir; Abel; Jacob; Gabriel; Stephanie; Matthew; David; Michael; Peter; Sean; Ian, Zachary; Josiah; **FAMILY & FRIENDS:** Ap. John & Mat. Stephanie Onofrey; Joe & Lucy (Deb McGinnes's husband & granddaughter); Stacey (B. Keeners friend); Anne (sister-in-law of R. Rieck); Jesse Hake; George, Nancy, & Paul (father & friends of V. Baker); Mitchell, Deborah, Michael, Emily, Ezra (S. Kellachow's family); George & Matthew (family of J. Mamay); Ap. Victor Gorodenchuk (doctorate defense); Ray (friend of M.E. Osuch & C. Kemp); Kalei (family of K. Leader); Steve (friend of Johnna M.); Janice (S. Jekel's mother); Vicki, Ken, & Scott (friends of the Pankiw's); Dan (K. Taleff's son-in-law); Samantha (Somple's daughter); Annie & Devon (daughters of the Africa's); Deb (sister of Donna Bretz); Elaine (Rdr. Leo & Garnice's daughter); Helen, Ethan, Mitch, Rob, Jody, Jackie, & Bruce, (family & friends of the Mallick's); Ronald; April & Joseph (family of L. Hancher; Leo, Cindy, Gary & Paul (friends of the Lenker's); Iryna (Snyder family); M. Natasha Lazor, Cindy, & Stella "Linda" (M. Myra's friends); Mary & Judy (Rdr. L. Leer's cousins); Ron (friend of K. Pankiw); Vasiliki; Heather (sister of S. Cameron); Shenia (sister of N. Schilling); Rosalie; David & Dawn (cousins of Chet); Alexandra; Ma-sha, Ethan & Wesley (M. Cameron's family/friend); Pauline (friend of E. Bare); Nancy & family (Snyder's friends); Laura, Thomas, Andrew, Priest Demetrius Nicoloudakis, Megan, Jacob & family, Georgia, Maria, Blake, Keisha, Dimitrios, child Evangelia, Kyle, Martha, Emma, Nicholas, Jack, Samuel, Christian, Theodore, Steve, John, Alexandra, Juan, Isaac, Daniel, Judy, Luke, Johnny, Leticia, Jim, Paul, Samuel, Faye, Jon, child Landon (family/friends of the Lopez's); Christine (M. Gopinath's aunt); Natalie (E. Herman's godchild); Dorothy, Shirley & family, Nathan; Jeff, Greg, David & William (family & friends of J. Barns); Nancy (John & Chris Cole's mother); Marc & Cecilia (L. Smith's cousins); **MISSIONARIES:** Jesse & Juanita Brandow (Guatemala); **SEMINARIANS:** (St. Vladimir's) Dn. John & M. Alexandra Black - Evyn, Lydia, Joshua, & Noah (St. Tikhon's) Rdr. Thomas & Lydia Given - Magdalena & Dominic; **CATECHUMEN(S):** John Romain; Joseph Middelkoop; Isaiah Kerstetter

Many Years!

Please submit names and dates to office@ctshbg.org

ANNIVERSARIES: Temesgen Tegegn & Abebe Hirut—Apr 3; Jim & Linda Krut—Apr 7;

BIRTHDAYS: Jim Krut — Apr 3; Tony Hertzler — Apr 4; Judy Mamay - Apr 6; Shannon Henry—Apr 7;

Candle Offering

To donate, please see a vestryperson

7 Day Votive is offered in Health & Salvation of Jim Antonio & family,
from Libby Hancher



But the fruit of the Spirit is love, joy, peace, longsuffering,
kindness, goodness, faithfulness, gentleness, self-control.
Against such there is no law. (Galatians 5:22-23)