



Christ ^{the} Saviour Orthodox Church

Orthodox America (OCA) • Diocese of Eastern Pennsylvania

5501 Old Locust Lane, Harrisburg, PA 17109

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WWW.CTSHBG.ORG

Archbishop Mark (Maymon), Hierarch

V. Rev. Stephen Vernak, Pastor

Rt. Rev. Daniel Kovalak, Attached

Dn. Peter (Scott) Staller, Attached

Dn. John Shingara, Attached

Rdr. Christopher Rakowski, Choir Director

Mark Yerke, Parish Council President Sbdn. Andrew Katerman, Treasurer

But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. *Galatians 5:22-23*

Sunday March 27, 2022

THIRD SUNDAY OF LENT — Tone 7. Veneration of the Cross. Martyr Matrona of Thessalonica. Martyrs Manuel & Theodosius. Ven. John the Clairvoyant, Anchorite, of Egypt.

Schedule: **Hours - 9:10am; Divine Liturgy – 9:30am;** Church School & Fellowship, *following*; Orthodoxy 101 – 12:30pm; Youth Group (meet at Downtown Daily Bread) from 1-3pm; **Lenten Vespers – 5pm** We are hosting! Guest Homilist: Fr. Andrew Damick; Nut Rolls & Pascha Bread orders DUE

Readers: 3rd Hour: **M. Hilarene Staller** 6th Hour: **Mary White**

Epistle: **Nicholas Zuro** • Post-Communion: **Larry Smith**

Welcome to our Visitors!

Interested in learning more? Please visit our parish website and email our priest, **Fr. Stephen Vernak**

Hymns & Readings

Troparion of the Resurrection, Tone VII —

By Thy cross, Thou didst destroy death; to the thief, Thou didst open paradise: for the myrrh-bearers, Thou didst change weeping into joy; and Thou didst command Thy disciples: O Christ God, to proclaim that Thou art risen, granting the world great mercy.

Troparion, Tone I —

O Lord, save Thy people, and bless Thine inheritance; grant victories to the Orthodox Christians over their adversaries; and, by virtue of Thy Cross, preserve Thy habitation.

*Glory to the Father, and to the Son, and to the Holy Spirit.
Now and ever, and unto ages of ages. Amen.*

Kontakion, Tone VII —

Now, the flaming sword no longer guardeth the gates of Eden: it hath been, mysteriously, quenched by the wood of the cross; the sting of death and the victory of hell have been vanquished; for Thou, O my Saviour, hast come, and cried to them in hell: 'Enter again into paradise'.



Prokeimenon & Readings:

Tone 5: O Lord, save Thy people, / and bless Thine inheritance! (*Cross*)

Verse: To Thee, O Lord, will I call. O my God, be not silent to me!

Epistle: (*Hebrews 4:14-5:6*) *Brethren*, seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast *our* confession. ¹⁵ For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all *points* tempted as *we are*, yet without sin. ¹⁶ Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need. ¹ For every high priest taken from among men is appointed for men in things *pertaining* to God, that he may offer both gifts and sacrifices for sins. ² He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness. ³ Because of this he is required as for the people, so also for himself, to offer *sacrifices* for sins. ⁴ And no man takes this honor to himself, but he who is called by God, just as Aaron *was*. ⁵ So also Christ did not glorify Himself to become High Priest, but *it was* He who said to Him: “You are My Son, Today I have begotten You.” ⁶ As *He* also says in another *place*: “You *are* a priest forever According to the order of Melchizedek;

Alleluia Verses:

Remember Thy congregation, which Thou hast purchased of old!

God is our King before the ages; He has worked salvation in the midst of the earth!

Gospel: (*Mark 8:34-9:1*) *At that time*, when Jesus had called the people to *Himself*, with His disciples also, He said to them, “Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. ³⁵ For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel’s will save it. ³⁶ For what will it profit a man if he gains the whole world, and loses his own soul? ³⁷ Or what will a man give in exchange for his soul? ³⁸ For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels.” ¹ And He said to them, “Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power.”

Upcoming Services & Events

Mar 28, Mon: Men's Club Meeting – 7pm; Movie: “*Man of God*” - 7pm at Regal Harrisburg

Mar 29, Tue: OCCSCP Bible Study – 10am @ Lancaster; **Compline – 6:30pm;** Great Lent Adult Ed: Topic: “Eucharist” with Fr. Stephen - 7pm

Mar 30, Wed: Bible Study – noon; **Joint Pre-Sanctified Liturgy – 6:30pm;** *Welcome the faithful of Holy Apostles;* Pot luck, following

Apr 1 Fri: **Pre-Sanctified Liturgy – 8:30am;** Pot luck, following

Apr 2, Sat: MEMORIAL SAT. Divine Liturgy – 9:30am; Pot luck, following; **Vespers – 5pm;** Confession & Choir Rehearsal following

Apr 3, Sun: ST. JOHN CLIMACUS. Hours - 9:10am; Divine Liturgy – 9:30am; Church School & Fellowship, following; Orthodoxy 101 – 12:30pm; **Lenten Vespers – 5pm @ Holy Trinity Greek Cathedral, Camp Hill**

Readers: 3rd Hour: **Kenneth Snyder** 6th Hour: **Rdr. Matthew Lubecki**

Epistle: **Larry Smith** • Post-Communion: **Rdr. Leo Leer**

Parish News

Great Lent Adult Ed: Tuesdays at 7pm (*Compline at 6:30pm*) will continue through April 5. See the parish email/calendar for more information.

Parish Only – Nut Rolls/Pascha Bread: Order for your friends & family! No public orders. All rolls & breads orders are due by **Sunday, Mar 27.**

- **Nut, poppy, & apricot rolls - \$15 ea.** Contact Debbie Hisiro, 717-903-8604 or email at dhisiro@verizon.net. Pick up is **Sun, April 10.**
- **Pascha Breads - \$5 for plain and \$6 for raisin.** Contact John Dotsey, 717-566-0395 or email at johnandjeandotsey@verizon.net. Pick up is **Sun, April 10.**

Nut Roll Baking: Help is needed for Nut Roll Baking, below is the schedule & remember *On the Job Training is Provided!*

- Mon, April 4 – Separate eggs 9:00am
- Tues, April 5- Baking 8am, Bagging & clean-up 5pm
- Sat, April 9 – Nut roll clean-up 10am--12pm

Pascha Bread Making: Will be held on **Sat. April 9th @ 8am.**

Pussy Willows: Please bring any you have cut to the church basement so we can have them for our celebration of Palm Sunday on April 17th.

Mark your Calendars: Lunch Bunch will be resuming on Bright Wednesday, **April 27th at 12:30 p.m.** Please email Kathy Pankiw at kzpankiw@aol.com for suggestions for the next Lunch Bunch restaurant. Requirements: must be able to take reservations & do individual checks for a large group.

Reminder: The deadline for the Parish Cookbook entries is **May 31**. Please start entering your recipes so the committee can review them. We have very few entries thus far & we know that you have favorites you can enter, our church has so many good cooks! The instructions & forms can be found on our Parish website under the tab Parish Life & then Parish Documents. We are counting on all of you!

Sunday school: There will be no Sunday school on **April 17th & 24th**.

Rebuilding Together – SAVE the DATE: Sat, April 30. Help a local family in need by assisting in home repairs. To learn more visit <http://rtgh.org/>

SAVE the DATE: 6th Annual OCCGH Golf Tournament will be held on **Sat, July 9** at Eagles Crossing Golf Course in Carlisle - 4 person Scramble Play with Team & Skill Prizes plus a Sirloin Steak & Beer Buffet. \$280 per team. RSVPs are due by **July 7**.

Fellowship Hour: The Men's Club will host fellowship until Pascha.

Parish Prayer List

Names will be listed for 2 weeks unless requested.

NEWLY DEPARTED [40TH DAY]: Myrna Heminway (aunt of Alice Mallick) March 22 [4/30]; Gary Leer (cousin of Rdr. Leo) –Mar 19 [4/27]; Patricia Donovan (Dotty Fedetz's friend) - March 15 [4/23]; Christine Ghareeb (M. Myra's friend) - March 3 [4/12]; Jacqui Rieck (Ray's niece) - March 2 [4/11]; Christian Kinkel (uncle of Heidi Kushlan) - Mar 2 [4/11]; Daniel Milstein (Ethan Mandel's cousin) - Feb 24 [4/4]; John McGreevy (Evan & Johnna's father) - Feb 22 [4/2]; Joseph Baldowski (friend of M. Theodora) - Feb 21 [4/1]; Mildred Metesky (cousin of M. Theodora) - Feb 16 [3/27];

ANNIVERSARIES OF DEPARTED: Ann Osacky, + Ab. Job's mother, Mar 27 – 17th; Gabriella Georgescu, +Maria Vasilca's mother, Mar 27 – 5th; Beverly Ruhi, Pat Drebot's sister-in-law, Mar 27 – 3rd; Paul LaBar, stepfather of Joan Dupkanick, Mar. 28 – 23rd; Ron Webb, Mar 28 – 8th; Jeffrey Miller, brother of Heidi Kushlan, Mar 28 – 1st; Andrew Himes, son of Kay & Gene, Mar 29 – 1st; Maria Paluch, mother of John & Martin, Mar 29 – 17th; Jeanne Bruder, sister of +Gloria Maliniak, Mar 30 – 21st; John Pusey, M. Tatiana Kreta's brother-in-law, Mar 30 – 13th; Olga Zuzulock, stepmother of Kathy Pankiw, Mar 30 – 3rd; Patricia Hernjak, cousin of the Klipa's, Mar 31 – 2nd; V. Rev. Andrew Shuga, father of Larissa & Anita Spaits, Mar 31 – 21st; Bernice Lewis, aunt of Jerry Cole, Mar 31 – 11th; Richard Kalenak, brother of +Anna Doray, Mar 31 – 17th; Nicholas Dupkanick, father of Bill, Mar. 31 – 66th; Anna Antonio, Jim's mother, Apr 1 – 6th; Paraskevia Latanishen, grandmother of Bill Kuchta, Apr 1 -79th; M. Helen Fedorchak, Apr 2 -20th; Richard Kalenak Jr, nephew of +Anna Doray, Apr 2 -17th; Michael Fatich, brother of

+Janet Kuzupas, Apr 2 – 20th; **Agnes Risser**, Apr 2 – 6th; **Irene Popp**, mother of Janice Zuro & Garnice Leer, Apr 2 – 5th;

AILING: Ab. Paul of Chicago; PARISHIONERS: Terry Drebot **FAMILY/FRIENDS:** **Betty** (E. Mandel's grandmother); **Alice, & Peter** (cousins of Rdr. Leo); **Dennie** (B. Keener's stepson); **Shaun** (brother of L. Desautels); **Joan & Gary** (family & friend of the J. & A. Cole); **Daria** (friend of the Dotsey & Klipa families); **Hannes, Anne & Elizabeth** (brother & family of R. Rieck); **Robert** (cousin of John Dotsey); **Andrea** (I. Arahavos's mother); **Eugene, Patty, & Frank** (family & friends of B. Brown); **Elaine** (sister of S. Africa); **Barry, Edwin, Phillip, Connie, & Daniel** (family & friends of the Leer's); **Barry, Trish, Pam, Danielle, & Morgan** (Hisiro family & friends); **Elle** (friend of J. McGreevy); **John** (brother of J. Krut); **Pam, Dan & Nina** (friends of D. Bupp); **Gary & Peggy** (cousin & friend of Donna Bretz); **Alexsya, Suzanne, Gemma,** (E. Herman's niece/godchild, family & friend); **Erma** (friend of N. Murphy); **Igumen David (Lewis); Neal** (D. Pawlush's brother); **James** (brother of M. Koviloff); **Betty & Bill** (J. Mamay's friends); **Joan Therese & Dori** (mother & niece of N. Lubecki & J. Lewis); **Lori** (Z. Bares mother); **Alex** (uncle of C. Yerke); **Lynn** (Himes daughter-in-law); **Kristin & Abe** (family & friend of Dn. Peter); **Shirley** (L. Pawlush's mother); **Sandy, Hailey, & Kelly** (friends of Di-Florio's);); **child Joshua; Sandy, Sue & Doreen** (E. Bare's friend & family); **M. Lisa Weremedic** (wife of Fr. James); **Janice & Emil** (J. Zuro & G. Leer's aunt & uncle); **child Fynn; Kay, Richard, & Anya** (aunt & friends of K. Leader); **Patty** (friend of K. Pankiw); **Mitchel** (Jean Dotsey's nephew); **Linda** (M. Sharon's mother); **Ap. Michael & M. Valeria Hatrak; Jeanette** (daughter of +E. Onufer); **Jacob** (brother of Pat Drebot); **Mandi, Connie, Charlie, & Shirley** (family & friends of Mallick's); **Wendy** (M. Deamer's mother);); **Kim & Mona** (sisters of Ab. Mark); **David** (friend of L. DiClemente); **Brandon & Pam** (friends of C. Neumann); **Mary** (mother of S. Kellachow); **Mary & Nicholas** (family & friends of the Kuchta's); **Carole; Fern** (Dn. Peter's mother); **Grace & Karen** (J. Mamay's sisters); **Victoria, Erin & David** (friends of L. Smith); **M. Emily** (Larissa & Anita's aunt); **Karenmay** (friend of L. Mantle); **child Aura** (friend of D. Zullo); **Steven** (J. Hake's father); **child Eva; Lori & Constantine** (Z. Bare's mother & family friend); **Flora** (T. Gault's mother); **Grace** (sister-in-law of D. Fedetz); **Vera** (Ressetar's family); **Elizabeth; Cas-sandra & Peter** (friends of L. Shuga); **Bernadine, Lonnie & Fred** (Osuch family); **Charlie, Abuit, Paul, Adam, Bev, Alynda, Tina, Jenny, Marilyn, Jan, Alicia, Shelby, & Malinda** (family & friends of the Kushlans); **Seraphima** (friend of J. Barns); **Thelma, Shari, Norman, Darrell, Justo, Alexa, Thomas, Leida, Jesus, Marsha, Alexander, Anastasia, John, Brian, Timothy, Jessica, Saulo, Theodore, & Tanya,** (Lopez friends & family); **Joseph** (S. Demchak's brother);

HEALTH & WELL-BEING: Those suffering from natural disasters. All victims of Sickness, Terror, War, Violence, Racism, Injustice & Civil Strife; **Metro-politan Paul & Archbishop John of Aleppo** held hostage by Syrian Terror-ists, for the suffering people of Ukraine, Haiti & Afghanistan, especially our citizens & soldiers who are in harms way; **PARISHIONERS: Thomas Drebot; Robert Baker; Eleanor Herman; Louise Bare; Gail & David Goss; Mary Ellen**

Osuch; Natalie Treece; Suzanne Demchak; Evan M.; Tony Onufer; Ita (Stephanie) Snyder; M. Theodora Ressetar; John "Jack" Sweikert; Joseph Sembrot; Birikit & Hannah Zerat; Jeanne Zane; Teklu Ogbamichael; Katherine Kudelko; M. Ap. Daniel & M. Myra Kovalak; Joseph (Moe) & Ruth Mazurek; Lazarus (Jonathan) Dunnavent; Kathryn Kellachow; Sue Wolfe; Daniel Bretz; Robin Kuzupas HOME-BOUND & IN-CARE FACILITIES: Michael Drozd; Carol; Rita; Nicholas Demopoulos; Nicholas Essis; Millicent Russell; EXPECTANT MOTHER(S): Gabrielle (Kushlan) Russin; Tishna Fedetz; Brooke Jones; Elva Lubecki; Chicory (Snyder) Biers; *and the children to be born of them*; COLLEGE STUDENTS: Tseday Afrassa; Semhar Anghesom, Eden Araya, David, Amelia Demopoulos; Grace Firestine; Taylor Gladys, George Hatalowich, Jacob Herman; Shawn Jacob; Rdr. Vladimer Kellachow; Flimon Kesete; Matthew Mikita; Sammy & Salina Kidane; Alexander Lamb; Timothy Monko, Molly Pylypciw; Ashley; Dave; Peter; Wessam; MILITARY: Conrad; Shawn; Benjamin; Rdr. Vladimir; Abel; Jacob; Gabriel; Stephanie; Matthew; David; Michael; Peter; Sean; Ian, Zachary; Josiah; FAMILY & FRIENDS: Ap. John & Mat. Stephanie Onofrey; Joe & Lucy (Deb McGinnes's husband & granddaughter); Stacey (B. Keeners friend); Anne (sister-in-law of R. Rieck); Jesse Hake; George, Nancy, & Paul (father & friends of V. Baker); Mitchell, Deborah, Michael, Emily, Ezra (S. Kellachow's family); George & Matthew (family of J. Mamay); Ap. Victor Gorodenchuk (doctorate defense); Ray (friend of M.E. Osuch & C. Kemp); Kalei (family of K. Leader); Steve (friend of Johnna M.); Janice (S. Jekel's mother); Vicki, Ken, & Scott (friends of the Pankiw's); Dan (K. Taleff's son-in-law); Samantha (Somple's daughter); Annie & Devon (daughters of the Africa's); Deb (sister of Donna Bretz); Elaine (Rdr. Leo & Garnice's daughter); Helen, Ethan, Mitch, Rob, Jody, Jackie, & Bruce, (family & friends of the Mallick's); Ronald; April & Joseph (family of L. Hancher; Leo, Cindy, Gary & Paul (friends of the Lenker's); Iryna (Snyder family); M. Natasha Lazor, Cindy, & Stella "Linda" (M. Myra's friends); Mary & Judy (Rdr. L. Leer's cousins); Ron (friend of K. Pankiw); Vasiliki; Heather (sister of S. Cameron); Shenia (sister of N. Schilling); Rosalie; David & Dawn (cousins of Chet); Alexandra; Masha, Ethan & Wesley (M. Cameron's family/friend); Pauline (friend of E. Bare); Nancy & family (Snyder's friends); Thomas, Andrew, Priest Demetrius Nicoloudakis, Megan, Jacob & family, Georgia, Maria, Blake, Keisha, Dimitrios, child Evangelia, Kyle, Martha, Emma, Nicholas, Jack, Samuel, Christian, Theodore, Steve, John, Alexandra, Juan, Isaac, Daniel, Judy, Luke, Johnny, Leticia, Jim, Paul, Samuel, Faye, Jon, child Landon (family/friends of the Lopez's); Christine (M. Gopinath's aunt); Natalie (E. Herman's godchild); Dorothy, Shirley & family, Nathan; Jeff, Greg, David & William (family & friends of J. Barns); Nancy (John & Chris Cole's mother); Marc & Cecilia (L. Smith's cousins); MISSIONARIES: Jesse & Juanita Brandow (Guatemala); SEMINARIANS: (St. Vladimir's) Dn. John & M. Alexandra Black - Evyn, Lydia, Joshua, & Noah (St. Tikhon's) Rdr. Thomas & Lydia Given - Magdalena & Dominic; CATECHUMEN(S): John Romain; Joseph Middelkoop; Isaiah Kerstetter



Many Years!

Please submit names and dates to office@ctshbg.org

ANNIVERSARIES: David & Jennifer Knox – Mar 30;

BIRTHDAYS: Douglas Cain – Mar 27; Sean Cameron – Mar 27; Natalia Seewald – Mar 28; Bette Ann Slivka – Mar 29; George Paul Priestley – Mar 30; Gebretinsae Gidey – Apr 1; Elizabeth Kellachow – Apr 1; Jacob Vernak – Apr 2; Rdr. Leo (Fred) Leer – Apr 2; Ken Snyder – Apr 2; Gordon Rieck – Apr 2;

BIRTH ANNOUNCEMENT: Ioana Ariette Boca, daughter and first child of Jeanette (Di Louie) & Rob Boca was born on Thursday, March 24

Candle Offering

To donate, please see a vestryperson

7 Day Votive is offered in Memory of **William “Bill” Mamay**, husband of Judy



But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. (Galatians 5:22-23)