# GHRIST THE SAVIOUR ORTHODOX CHURCH

A Parish of the OGA Diogese of Gastern PA • His Grage, Bishop TIKHON of Philadelphia

#### 5501 OLD LOCUST LANE, HARRISBURG, PA 17109

**OFFICE:** 717-652-1825 ● **HALL:** 717-652-5877 ● **FAX:** 717-652-0446 **WEB:** WWW.CHRISTTHESAVIOURHBG.ORG ● **EMAIL:** CTSOCAHBG@AOL.COM

REV. STEPHEN VERNAK, *PASTOR*V. REV. DANIEL D. RESSETAR, *PASTOR EMERITUS*EMAIL: SVERNAK@HOTMAIL.COM

V. REV. DR. MICHAEL G. KOVACH, *ASSOCIATE* 

# Celebrating 47 years of Proclaiming the Truth of Orthodox Christianity

# SUNDAY MARCH 13, 2011

**FIRST SUNDAY OF LENT** — **Tone 1. Sunday of Orthodoxy.** Translation of the relics of St. Nicephorus, Patriarch of Constantinople. Martyr Sabinus (Abibus) of Egypt. Martyrs Africanus, Publius and Terence, of Carthage. Martyr Alexander of Macedonia. Martyr Christina of Persia. Ven. Aninas of the Euphrates.

**Epistle**: Hebrews 11:24-26,32-12:2 **Gospel**: John 1:43-51

# **UPCOMING SERVICES AND EVENTS:**

**Mar 13, Sun: Sunday of Orthodoxy.** Adult Ed -8:30am; *Divine Liturgy -9:30am;* Church School -11am; Fellowship 11:15am; *40th Day Memorial service for Theodore Demchak- following Liturgy;* Orthodox 101 – noon; *Pan-Orthodox Vespers (Lancaster) - 4pm* 

Hour Readers: (3<sup>rd</sup>) Bill Kuchta (6<sup>th</sup>) Nicholas Zuro ● Altar Servers – All welcome

**Mar 15, Tue:** Lenten Vespers – 6:30pm; Bible Study -7pm; Choir Rehearsal -7:30pm

Mar 16, Wed: Bible Study (33 N 2<sup>nd</sup> St) –noon; *Pre-Sanctified Liturgy – 6:30pm;* Lenten pot-luck

Mar 17, Thu: Sr. "O" Club Meeting -7pm

Mar 18, Fri: Akathist to the Divine Passion of Christ -7pm

Mar 19, Sat: Memorial Divine Liturgy -9:30am; Vespers & Confession -6pm

Mar 20, Sun: St. Gregory Palamas. Adult Ed – 8:30am; Divine Liturgy with St. Tikhon Seminary Mission Choir -9:30am; Church School -11am; Fellowship 11:15am; 40th Day Memorial service for Elizabeth Middlesworth following Liturgy; Orthodoxy 101 –noon; Mission Vespers (Shillington)-4pm Hour Readers: St. Tikhon Seminary Mission Choir ● Altar Servers – All welcome

- ANGIENTFAITHRADIO.GOM 24 hour Orthodox Internet Radio
- **ORTHODOX RADIO** on 720 AM Radio every Sunday at 8 am
- OrthodoxyinAmerica.org (Traveling or Going on Vacation?) check it out!

WELGOME TO OUR VISITORS!!! Please join us for fellowship in the church hall and sign our guest book in the vestibule. If you are interested in becoming a part of our community please ask to speak to Fr. Stephen. Please note: Only those faithful who are Orthodox Christians and have properly prepared themselves by fasting (from midnight), prayer, and recent confession; and who were present for the reading of the Epistle and Gospel, should approach to receive the Eucharist.

## PARISH PRAYER LIST:

Please remember the following persons during your daily morning and evening prayers. **Names will be listed for 2 weeks unless requested.** Submit names to the office by Wednesday for inclusion.

<u>Ailing</u>: Dr. Joseph Norato; Diane Chambers (Anna Doray's daughter); Ronald Webb; Lydia & George Boras (friends of Bill & Joan Dupkanick); Sonia Godwin (friend of Suzanne Mioff); Dave Arnold & Bud Gunter (friends of the Cain's); Ann Marie and Joe Keating (Carl Polansky's friends); Frank Priggins (Christine's father); Diane Broskey (Libby Hancher's niece); Mattie Martin; Keturah Faust (J. Barns and L. Shuga's friend); Naomi Hershey and Carrie Faust (friends of the Cole's); Matthew Kocsis; Marlene Kalenak (Anna Doray's niece); Van Milbrand (friend & co-worker of Larry Smith); Nicholas Essis; Pauline Lapinsky, Susan Strenski, & John Fatich (Janet Kuzupas' siblings); Christine Demchak (Sue's sister).

Health & well-being: Charles "Sut" Wevodau (Joanne's husband); Paul Drebot; Linda Ninnis & Christian Ridenour (daughter & grandson of Suzanne Mioff); Nikki Sprucebank and son, Dianne Williams, and Eileen Holey (Debbie Hisiro's friends); Joe Demchak; Tom and Bernadine Antolick (Mary Ellen Osuch's sister and brother-in-law); Deb Reigle (friend of Ann Cole); Irene Priggins & Addison Wechter, her parents Judy & Greg (Christine Priggins family); Archpriest Alexander Atty; Parishioners Home-bound & in Care Facilities: Betty Danko; Agnes Risser; Millicent Russell; Shirley Sass; Military: Steven Heberle (Jean Dotsey's nephew); Thomas Shingara (neighbor); Sponsored Seminarian: Dn. Ian & M. Priscilla Shipley and family; OCMC Missionary: Christina Semon; Catechumen: Jonathan Dunnavent; Expectant Mothers: M. Anna Vernak; Elise Mosser; Christina Yerke and the children to be born of them:

<u>Newly Departed from This Life</u>: M. Olga Kovach - Mar 8; Najib Ayoub (Haitham's father) - Mar 4; Mary Book (Joanne Coles mother) - Mar 3; Fr. Mark Kosev - Mar 1; Diane Benson (Kathy Pankiw's cousin) - Feb 8; Elizabeth "Betty" Middlesworth - Feb 7;

Anniversaries of Those Departed: Ksenia Kantor, grandmother of +Betty Middlesworth, Mar 13 - 46<sup>th</sup>; Steve Dragla, Mar 14 - 32<sup>nd</sup>; Thomas Middlesworth, Mar 14 -21<sup>st</sup>; Edna Shuler, mother of June Taleff, Mar 15 -26<sup>th</sup>; Sue Mandell, Mar 15 -12<sup>th</sup>; Dorothy Cassel, Mar 15 -18<sup>th</sup>; John Paraschak, Dotty Fedetz's brother-in-law, Mar 16 -1<sup>st</sup>; His Eminence, Metropolitan LAURUS, Mar 16 -3<sup>rd</sup>; Harold Johnson, Hatti Kaznowsky's brother, Mar 16 -3<sup>rd</sup>; Tekla Shutovska, mother of Helen Kurylo, Mar 16 -31<sup>st</sup>; Joseph Smart, father of Jo-Ann Nesko, Mar 16 -17<sup>th</sup>; Thomas Karins, step-father of Candi Ressetar, Mar 16 -5<sup>th</sup>; Mary Young, Mar 16 - 2<sup>nd</sup>; Mary Berech Solovey, Mar 17 -33<sup>rd</sup>; Stephen Macut, husband of Katharine, Mar 17 -17<sup>th</sup>; John Yerega, uncle of Carl Hisiro, Mar 17 -9<sup>th</sup>; Oliver (Gregory) Wendell Allen, Mar 18 -22<sup>nd</sup>; Zella Sutovich, mother of Nicholas Sutovich, Jr., Mar 18 -8<sup>th</sup>; Archpriest Victor Sokolov, Mar 18 -5<sup>th</sup>; Peter Kanoff, Mar 19 -21<sup>st</sup>; Katherine Costopoulos, Mar 19 -5<sup>th</sup>;

<u>Candle Offerings:</u> For information on how to purchase commemoration candles, please go to the candle desk or speak with one of the vestrymen.

- Seven Day Votive is offered in Heath & Salvation of Gregory Ressetar on this birthday from the Ressetar Family
- Seven Decorated Candles on the Altar Table are offered in Memory of the newly departed M. Olga Kovach, by her husband Fr. Michael.

<u>Many Years</u>: Names will be accepted for each week. Please submit to <u>ctsocahbg@aol.com</u> by the preceding Wednesday for inclusion in the Sunday bulletin.

<u>Birthdays</u>: Gregory Ressetar – Mar 14; Joan Dupkanick – Mar 14; Sarah Somple – Mar 14; Salwa Shunnara – Mar 16; Eli Mioff – Mar 18; Betty Pellegrini – Mar 19

**New Catechumen**: **Sarah Sauls** (fiancé of Christopher Coles)

Last week's liturgy attendance: 148

# PARISH NEWS AND EVENTS:

<u>Help Support the Clouse family</u> who lost 7 children (3/8/11) in a house fire in Blain, PA: **Clouse Family Fund,** *c/o Church of the Living Christ,* P.O. Box 180, Loysville, PA 17047

**Sunday of Orthodoxy: Today** at **4pm** the *Pan-Orthodox Vespers* will be held at the Annunciation Greek Orthodox Church (64 Hershey Avenue, Lancaster, PA 17603). **NOTE:** Choir rehearsal is at 1:30pm.

**St. Tikhon Seminary Mission Choir:** will be visiting our parish on **Sunday, March 20th** to sing the responses at the Divine Liturgy.

We are looking for parishioners who would be willing to host 1 or 2 seminarians for the evening of Sat, March 19th. We ask that you pick them up following Vespers at Holy Apostles Mission & bring them to church early Sunday morning. Please contact Fr. Stephen via email or call 717-602-0504

**St. Tikhon Seminary Scholarship:** Our parish council has approved a half-scholarship (\$3,500.00) for **Dn. Ian Shipley and his family** for this academic year. Please make checks payable to: Christ the Saviour Orthodox Church, and write "Seminary Scholarship" on the memo line.

#### Frackville Deanery March/April Lenten Mission Schedule: All services will start at 4pm.

- ❖ March 20, St. Gregory Palamas St. Herman (Shillington)
- ❖ March 27, Veneration of the Cross Holy Ascension (Frackville) with Bishop Tikhon
- ❖ April 3, *St. John of the Ladder* Holy Apostles (Mechancisburg)

<u>Easter Nut Roll Orders</u> – The cut-off date for orders is **Monday, March 28<sup>th</sup>**. To order, please call Jean Dotsey @ 566-0395 or Dotty Fedetz @ 652-3264. Rolls are \$11 each. The baking schedule is below:

- ❖ Mon, April 4 Baking Prep work at 9:00 am.
- ❖ Tue, April 5 Baking at 8:00 am; Bagging rolls at 6:30 pm.
- ❖ Wed, April 6 Baking at 8:00 am; Bagging and Clean-up after Pre-sanctified Liturgy.
  - A person is needed to man the ovens for nut roll baking on **Wed, April 6 from 9:00 am to 12:30 pm**. If anyone is interested, please see Jeannie Dotsey or call her at 566-0395.
- Sat, April 9 Pick-up from 9:00 am to 12:00 noon.

<u>CTS Book Club</u>: Our next selection for the book club is "Crazy John" by Dionysios A. Makris, a story about a contemporary "fool-for-Christ" in Athens. It is now available in the church office for \$20.00. The discussion will take place on **Sunday, May 15th at 3pm** at the Staller residence, please mark your calendars.

**SALES DESK**: Now has numerous books for your Lenten reading. Please see Evelyn Krempasky during Fellowship Hour.

<u>Gertrude Hawk Easter Candy Sale</u> brochures are in the vestibule. Orders are due **MARCH 20**. Any questions see **Dave Martin**.

**Note from Willard and Sue Brown**: We want to thank everyone at CTSOC for their friendship and support over the 9 years we were privileged to be there. If you are in our area, please know that you are most welcome to stop in for a visit or stay with us. If you would like to stay in touch our address is: 5729 Crosswinds Rd, McLeansville, NC 27301-9652. Phone: 336-617-7713 or email: willardbrown2011@yahoo.com. - *With love in Christ - Willard and Sue.* 

**Fellowship Hour Schedule:** Parishioners are asked to help by bringing at least 60 servings of baked goods and to serve them during their assigned fellowship hour. Please check the dates below and mark your calendar accordingly. **The complete list through next May 2011 is available at the parish hall.** If you are unable to be at church on your scheduled date contact **Nadzia Schilling** at 652-2759.

\*March 20: John Barns Christina Yerke
\*March 27: Christine Priggins Larissa Shuga
\*April 3: Kathy Pankiw Freweni Telwolde

<sup>\*</sup>Great Lent, we ask that you provide baked goods made without eggs or dairy products.

### EVENTS AROUND OUR ORTHODOX GOMMUNITY

<u>Pan-Orthodox Pre-Sanctified:</u> Our local Orthodox parishes will celebrate a Pre-Sanctified on Wednesday, March 23<sup>rd</sup> at 6:30pm at Holy Trinity Orthodox Cathedral (1000 Yverdon Drive, Camp Hill, PA). The St. Tikhon Seminary Mission Choir will be singing the responses.

**OCCGH Inaugural Golf Tournament and and Sports Auction**: The Orthodox Christian Charities of Greater Harrisburg (OCCGH), the organizers of the Agia Sophia Coffee House and Bookstore, are holding a charity golf tournament and sports auction on **Saturday, May 21st**. Please check out their website at **www.occgh.org** for more details, or see Fr. Stephen, Carl Hisiro, or Gerry & Mary White.

**St. Tikhon's Summer Camp 2011:** St. Tikhon's summer camp is now accepting applications from campers and counselors for the week of **July 3 -9, 2011**. This year all registration forms are on their website @ <a href="INFO@STTIKHONSCAMP.ORG">INFO@STTIKHONSCAMP.ORG</a>. Registration forms must be postmarked by **May 31, 2011.** If you do not have access to a computer please contact the church office & we will be more than happy to print out the forms for you.

## SCRIPTURG READINGS FOR SUNDAY MARCH 13, 2011

### Hebrews 11:24-26, 32-12:2 (Epistle)

Brethren, 24 by faith Moses, when he became of age, refused to be called the son of Pharaoh's daughter, <sup>25</sup> choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin, <sup>26</sup> esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward. <sup>32</sup> And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets: 33 who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, <sup>34</sup> quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. 35 Women received their dead raised to life again. Others were tortured, not accepting deliverance, that they might obtain a better resurrection. <sup>36</sup> Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. <sup>37</sup> They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented- <sup>38</sup> of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth. 39 And all these, having obtained a good testimony through faith, did not receive the promise, <sup>40</sup> God having provided something better for us, that they should not be made perfect apart from us. <sup>1</sup> Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, <sup>2</sup> looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

### John 1:43-51 (Gospel)

At that time, Jesus wanted to go to Galilee, and He found Philip and said to him, "Follow Me." <sup>44</sup> Now Philip was from Bethsaida, the city of Andrew and Peter. <sup>45</sup> Philip found Nathanael and said to him, "We have found Him of whom Moses in the law, and also the prophets, wrote-Jesus of Nazareth, the son of Joseph." <sup>46</sup> And Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." <sup>47</sup> Jesus saw Nathanael coming toward Him, and said of him, "Behold, an Israelite indeed, in whom is no deceit!" <sup>48</sup> Nathanael said to Him, "How do You know me?" Jesus answered and said to him, "Before Philip called you, when you were under the fig tree, I saw you." <sup>49</sup> Nathanael answered and said to Him, "Rabbi, You are the Son of God! You are the King of Israel!" <sup>50</sup> Jesus answered and said to him, "Because I said to you, 'I saw you under the fig tree,' do you believe? You will see greater things than these." <sup>51</sup> And He said to him, "Most assuredly, I say to you, hereafter you shall see heaven open, and the angels of God ascending and descending upon the Son of Man."

GLORY TO THEE O LORD, GLORY TO THEE!

# THE PROLOGUE OF OHRID:

THE DAILY LIVES OF THE SAINTS AND REFLECTIONS BY ST. NIKOLAI OF ZIGHA AND SOUTH GANAAN http://www.westsrbdio.org/prolog/my.html

#### SAINT NICEPHORUS, PATRIARCH OF CONSTANTINOPLE

Nicephorus governed the Holy Church wisely and zealously as one of the greatest Arch-pastors of Constantinople. When Leo the Armenian rose up against icons, Nicephorus alone defied the emperor. He first counseled the emperor and then later unmasked him. That is why the depraved emperor banished him to the island of Prokenesis. On this island there was a monastery which Nicephorous had built in honor of Saint Theodore. This confessor of the Orthodox Faith remained in this monastery for thirteen years and afterwards presented himself to the Lord in the year 827 A.D. Since all the iconoclastic emperors had perished, and Michael, with his mother Theodora, sat on the Imperial Throne, Patriarch Methodius then was restored to the Patriarchal Throne. The relics of St. Nicephorous were translated from Prokenesis to Constantinople in 846 A.D. and were reposed, first in the Church of the Divine Wisdom of God [St. Sophia], from which he was banished during his life, and later reposed in the Church of the Twelve Apostles. The principal feast of this great hierarch is commemorated on June 2 and again on March 13 when the discovery and translation of his incorruptible relics is commemorated. On March 13, St. Nicephorous was banished from Constantinople and then, again, on March 13, nineteen years later, his relics were returned to the Capitol.

#### REFLECTION

Great are those Christians who have a great love for Christ. O, in truth, how great were those Christians; those God-bearing fathers and martyrs! For so many in our time, this is impossible even to imagine. This is what one of them, St. Simeon, the New Theologian, confessed before all the monks in his monastery: Speaking from his own personal experience about how the words of the Lord, "For my yoke is easy and my burden is light" (St. Matthew 11:29), were realized in him. Simeon said, "Believe me, when I fled to God, my Savior, I did not encounter anything sorrowful, difficult or unbearable. The only great and unbearable sorrow I had was that I could not find enough satisfactory reasons to die for the sake of the love for Christ." Are not such souls as a burning flame enclosed in eathern vessels? Burning flames are always upright, directed toward heaven. Only remove the covering and the flame will shoot upward.

