



# CHRIST THE SAVIOUR ORTHODOX CHURCH

*Celebrating 45 years of Proclaiming  
the Truth of Orthodox Christianity*

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V. Rev. Daniel D. Ressetar, Pastor Emeritus

V. Rev. Dr. Michael G. Kovach, Associate

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## SUNDAY AUGUST 24, 2008

**10TH SUNDAY AFTER PENTECOST—TONE 1:** Hieromartyr Eutychius, disciple of St. John the Theologian. Translation of the Relics of St. Peter, Metropolitan of Moscow. Ven. Arsény, Abbot of Komel'. Martyr Tation of Claudiopolis. Virgin Martyr Kyra of Persia. St. George Limniotes the Confessor. St. Kozma of Berat, Evangelizer of S. Albania. Repose of New Hieromartyr Cosmas of Aetolia, Equal-to-the-Apostles. The "**PETROVSKAYA**" Icon of the Most-Holy Theotokos.

Epistle: **1 Corinthians 4:9-16**

Gospel: **Matthew 17:14-23**

### UPCOMING SERVICES AND EVENTS:

**Aug 24, Sun:** Divine Liturgy – 9:30am; Fellowship – 11:30am

*Hours Readers:* **Bill Kuchta** (3<sup>rd</sup>) & **Larry Smith** (6<sup>th</sup>)

**Aug 25, Mon:** Men's Club Meeting – 7:30pm.

**Aug 28, Thu:** Vespers (Beheading of St. John the Baptist) – 7pm.

**Aug 29, Fri: Strict Fast Day.** Divine Liturgy (Beheading of St. John the Baptist) – 9:30am.

**Aug 30, Sat:** Vespers and Confession – 6pm.

**Aug 31, Sun:** Divine Liturgy – 9:30am; Fellowship – 11:30am

*Hours Readers:* **Joseph Russian** (3<sup>rd</sup>) & **Nicholas Zuro** (6<sup>th</sup>)

**Sep 3, Wed:** Daily Vespers and Christian Education – 6pm.

**Sep 6, Sat:** Vespers and Confession – 6pm.

**Sep 7, Sun:** Divine Liturgy – 9:30am; Parish Family Picnic – 11am; Vespers for Nativity of the Theotokos – approx. 1 pm (towards the end of the picnic).

*Hours Readers:* **Dimitri Ressetar** (3<sup>rd</sup>) & **Bill Kuchta** (6<sup>th</sup>)

- **Orthodox Radio** on 720 AM Radio every Sunday at 8 am
- **AncientFaithRadio.com** - 24 hour Orthodox Internet Radio

**WELCOME TO OUR VISITORS!!!** Please join us for fellowship in the Church Hall and be sure to sign our guest registry in the vestibule before you exit the church. **Please note:** Only those guests who are Orthodox Christians and have properly prepared themselves through fasting, prayer, and confession may approach to receive the Eucharist.

**Prayer List:** Please remember the following persons during your daily morning and evening prayers. **Names will be listed for 2 weeks unless otherwise requested.** Submit names to the office by Wednesday for inclusion.

**Those Ailing:** **Ira Lee Shenk** (Alice Mallick's brother); **Met. HERMAN**; **Diane File** (B. Drozd's friend); **Fred Martin** (Dave's brother); **Peter Zuzulock** (Kathy Pankiw's father); **Eilene Onufer**; **Linda Browand**; **Daniel Cain** (Doug & Barbara's son); **Dennis Finney** (Christine Priggins husband); **Richard Howe** (Elizabeth's husband); **Pauline Lapinsky** (J. Kuzupas' sister); **Jenny Sysak** (Harry's sister-in-law); **Christine Demchak** (Suzanne's sister); **Susan Strenski** (J. Kuzupas' sister); **John Fatich** (J. Kuzupas' brother); **Alexander Kalenak** (Anna Doray's brother); **Theodore Bacha** (Lydia Mantle's brother); **M. Olga Kovach**

**Health and well-being of: The suffering people (Russians and Georgians) of S. Ossetia;** **Fr. Peter Pier** (St. John's in York); **Alexei Schmidt** ('adopted' Seminarian); **Christina Semon** (OCMC Missionary); **[IN IRAQ]: SFC Bill Donner** (Libby Hancher's nephew); **Nicholas Serio**; **Steven Hampson & John Zeiders** (Krempasky's friends); **Brandon John Onufer** (Evelyn's grandson); **Andrew Zuzulock** (Kathy Pankiw's nephew)

**Newly Departed from This Life:** **John Kovach** (Fr. Michael's brother) - Aug 13; **Anthony Bonevitch** (B. Drozd's friend); **Evelyn Russin** (Florence Rusynyk's mother) - Aug 11; **David Mitchell** (Fedetz's friend) - Aug 6; **Michael Taylor** - Aug 6 & **Joseph O'Neill** - Aug 3 (B. Drozd's friends); **Alexander Solzhenitsyn** - Aug 3; **Barbara Herman** - (Fedetz's friend) - July 31; **Olga Murianka** (Ann Hribovski'a friend); **John Gornick** - July 19;

**Anniversaries of Those Departed from This Life:** **Peter Starinshak**, father of Elizabeth Hancher, Aug 24 - 24<sup>th</sup>; **Sandy Suad Essis**, Aug 25 - 13<sup>th</sup>; **Michael Kanoff Sr.**, Aug 26 - 16<sup>th</sup>; **Anna Ford**, sister of Betty Pellegrini, Aug 27 - 4<sup>th</sup>; **Aleksy Kurylo**, husband of Helen Kurylo, Aug 29 - 34<sup>th</sup>;

**Candle Offerings:** *For information on how to purchase commemoration candles, please go to the candle desk or speak with one of the vestrymen.*

**The Seven Day Eternal Memory Vigil (last week)** was offered in memory of **Barbara "Bobbie" Heberle** (40<sup>th</sup> Day) by Fr. Dan and M. Theodora Ressetar.

**The Seven Day Eternal Memory Vigil (this week)** is offered for the health and salvation of **Michael Mallick** (birthday), by his wife Alice.

**Many Years:** *Names will be accepted for each week. Please submit to [ctsocahbg@aol.com](mailto:ctsocahbg@aol.com) by the preceding Wednesday for inclusion in the Sunday bulletin.*

*Birthdays:* **Melissa Irene Zuro** - Aug 26; **Daniel Bretz** - Aug 30

*Anniversaries:* **Deborah & Joseph McGinnes** - Aug 28

LAST WEEK'S LITURGY ATTENDANCE: **116**



## TODAY'S NEWS

**Divine Liturgy Schedule:** In an attempt to give our Sunday School program a needed "boost" in participation the following changes are being made to our schedule starting in September. Church School will now be held **after** the **9:30** am Divine Liturgy. We will no longer be going to a "fall schedule". Also please note that the solemn exclamation "*Blessed is the Kingdom of the Father, and of the Son, and of the Holy Spirit...*" should be heard by each and every member of our community on Sunday morning... the only catch – you need to be here on time to hear it!

**Parish Email List:** We are in the process of updating our email address list. Please send a message with your name (sometimes just looking at the email address doesn't cut it) to **ctsocahbg@aol.com**. We hope to utilize this important medium to send updates and announcements (i.e. births, deaths, funerals, and/or last minute visitors.) We appreciate your assistance in collecting this information.

**Lost and Found:** Please look for your personal items in the box on the umbrella rack, as well as in the coat room. Unclaimed items will be donated to charity at the end of this month.

**Altar Servers Schedule:** All men (*both young and those not so young anymore*) who are interested in serving in the Holy Altar are asked to contact John Osuch, so he can develop a schedule. You can reach John via telephone at 540-1560 or email at [osuchaguy@gmail.com](mailto:osuchaguy@gmail.com). After the schedule is compiled we will also arrange for an Altar Servers Retreat in the near future.



## OTHER NEWS

**Christ the Saviour Orthodox Book Club:** Fr. Stephen and M. Anna will host the first meeting on Sunday September 28<sup>th</sup> at 6pm. "*Thirsting for God in a Land of Shallow Wells*" by Matthew Gallatin is SOLD OUT. Please see Fr. Stephen if you would like to order a copy.

**Sunday Adult Discussion Class** - copies of the book Common Ground, for our Fall Sunday morning discussion series, have arrived. Please see **Evelyn Krempasky** at the Sales Desk in the church hall. Cost of books, including shipping, is \$20 each.

**"Russian Days" at St. Nicholas Russian Orthodox Church in Bethlehem** will be on September 5, 6 and 7. Come for good music, great food, wonderful baked goods and crafts! The "*Fairs*" and "*Amazing Monograms*" will be displaying their embroidered items there. Please call Carole Fair for more info at 737-0624.

**Save the Date: Pan-Orthodox Picnic** will be held **Sunday September 21<sup>st</sup> from 12pm – 7pm at Serb Park** (Eisenhower Blvd, Harrisburg). ***Discover Orthodoxy & brother and sister Orthodox, outside the walls of our parish!!!***

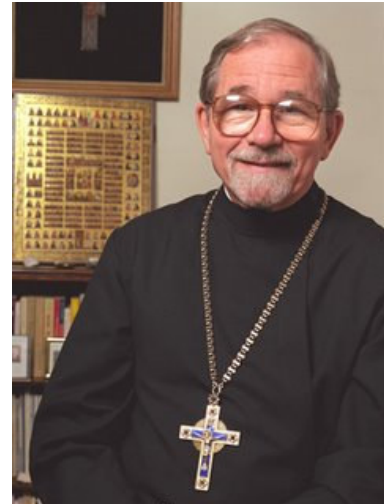
**Fellowship Hour Schedule:** Parishioners are asked to help by bringing at least 48 servings of baked goods and to serve them during their assigned fellowship hour. Please check the dates below and mark your calendar accordingly. ***The complete list through next May 2009 is available at the parish hall.*** If you will not be at church on your scheduled date contact **Nadzia Schilling** at 652-2759.

September 14 (Strict Fast):	Judy Webb	Dotty Barbu
September 21:	Angie Mioff	Joanne Wevodau
September 28:	Maryanne Hadginske	Barbara Somple

# PREPARATION FOR HOLY COMMUNION

## BY FR. THOMAS HOPKO

Committed Orthodox Christians order and measure their lives in this world from Communion to Communion... Following each Lord's Day [Sunday], we live in memory of the blessed experience of Holy Communion, and we begin immediately to anticipate this divine gift in the next Divine Liturgy. Christians live from Sunday to Sunday, and, throughout the year, from Pascha to Pascha. We also live from Liturgy to Liturgy, from Eucharist to Eucharist, from Communion to Communion. Our lives are measured and tested by this sacred event...



Because we Christians living in this world are inevitably caught up in earthly activities, afflictions, trials and temptations, and because we are so easily overcome by sinful passions, God gives us ways by which we are enabled never to forget Him. He provides practices by which we can keep ourselves constantly prepared to meet Him at His coming. He offers rules of spiritual and physical discipline for us to practice so that we can remain constantly alive to His presence and power in our lives and so to be ready to receive Him when He gives Himself to us in Holy Communion.

The general disciplines for preparing for Holy Communion are the disciplines of Christian life itself. They are the practices which keep us alive to God, the actions which open our minds, hearts and bodies to the presence of God's grace and power in our lives. They basically include:

- **Regular** participation in the Church's liturgical worship [Vespers and Liturgy]
- **Regular** practice of a rule of personal prayer
- **Regular** practice of a rule of ceaseless mental prayer, or "prayer of the heart," to insure our constant remembrance of God. **Regular** practice of periods of silence
- **Regular** practice of fasting and abstinence
- **Regular** reading of the Bible and spiritual writings
- **Regular** confession of sins (and thoughts, feelings, temptations and dreams) to our pastor.
- **Regular** giving and receiving of forgiveness of sins with all the people in our lives
- **Regular** donations of money [tithe] to the Church, and to those in need
- **Regular** sharing of our time, energies, and possessions with others
- **Constant** effort to do our daily work as well as we can, to God's glory, for the good of people, and **Constant** striving not to sin in the smallest way in the routine activities of our everyday life and personal relationships.

The words **regular** and **constant** are repeated and emphasized because our spiritual practices and activities must be done according to a rule [i.e.] they must be done **constantly** and **consistently** with conscious attention and discipline. They cannot be left to whim, caprice or feeling.

What a person does in regard to liturgical worship, personal prayer, fasting, reading, contributing, working and serving will be shaped according to the conditions of his or her life. It will be different for each person according to age, strength, health, available time, and personal capabilities. The saints say that rules of prayer, reading and fasting should be brief but frequent, simple, pure, uncomplicated and keep-able. They should be determined and established with spiritual advice and counsel in ways which permit them to be easily included within the real possibilities of one's actual life.