



Christ the Saviour Orthodox Church

Orthodox Church in America
Colonial Park ♦ 5501 Locust Lane
Harrisburg, Pennsylvania 17109-5623
Ph: 717.652.1825 • Fax: 717.652.0446
www.ChristtheSaviourHbg.org Email: ctsocahbg@aol.com

Rev. Seraphim Majmudar, Acting Pastor

Email: frseraphim@slocc.com

V. Rev. Daniel D. Ressetar, Pastor Emeritus

Email: frdanhbg@aol.com

V. Rev. Dr. Michael G. Kovach, Associate

V. Rev. Neal J. Carrigan, Asst; Email—Neal.Carrigan@PABlind.org

March 4, 2007

Second Sunday of Great Lent—Tone 5: St. Gregory Palamas. Commemorating Venerable Gerasimus of the Jordan, Venerable Gerasim of Vologda, Venerable Joasaph of Snetogarsk and Martyrs Paul and his sister, Juliana; Saint James (Jacob) the Faster of Phoenicia (Syria).

Readings: Epistles: Hebrews 1:10-2:3; Hebrews 7:26-8:2 (Saint)
Gospels: Mark 2:1-12; John 10:9-16 (Saint)

8:00 a.m.—Orthodox Radio on AM 720 WW II

9:00 a.m.—Church School Classes

9:30 a.m.—Prayers of Repentance, Confessions

9:40 a.m.—Reading of the Third and Sixth Hours

10:00 a.m.—Divine Liturgy of St. Basil the Great, Sermon, Student and Senior A cappella Choirs

11:45 p.m.—Fellowship

5:00 p.m.—Deanery Lenten Vespers at Holy Ascension (Frackville)

Calendar:

Mar 5, Mon: Men's Club meeting—7:30 p.m.

Mar 7, Wed: Pre-Sanctified Liturgy in Minersville—6:00 p.m.

Mar 8, Thu: Pan-Orthodox Bible Study at Holy Trinity Cathedral—7:00 p.m.

Mar 9, Fri: Confessions—6:00 p.m.; Pre-Sanctified Divine Liturgy—7:00 p.m.; Lenten Supper—8:30 p.m.

Mar 10, Sat: Confessions—9:00 a.m.; Divine Liturgy—9:30 a.m.; Vespers, Confessions—7:00 p.m.

Mar 11, Sun: 3^d Sunday of Great Lent; 720 AM Radio—8:00 a.m.; Church School—9:00 a.m.; Divine Liturgy—10:00 a.m.; Fellowship—11:45 a.m.; Deanery Lenten Vespers at Holy Apostles Mission (Mechanicsburg)—5:00 p.m.

Mar 13, Tue: Church Choir rehearsal—7:30 p.m.

Mar 14, Wed: Akathistos—7:00 p.m.

Mar 15, Thu: "O" Club meeting at the Parish Hall—7:00 p.m.

Mar 16, Fri: Confessions—6:00 p.m.; Pre-Sanctified Divine Liturgy—7:00 p.m.; Lenten Supper—8:30 p.m.

Mar 17, Sat: Confessions—9:00 a.m.; Divine Liturgy—9:30 a.m.; Maintenance of Parish Property—11:00 a.m.; Vespers, Confessions—7:00 p.m.

Mar 18, Sun: 4th Sunday of Great Lent; 720 AM Radio—8:00 a.m.; Church School—9:00 a.m.; Divine Liturgy—10:00 a.m.; Fellowship—11:45 a.m.; Deanery Lenten Vespers at Holy Ascension (Lykens)—5:00 p.m.

TODAY'S PRAYERS: Please remember those mentioned here in your daily prayers in the morning and in the evening, at home and in church. The detailed prayer list is published once a month in the parish mailing. However, the names will be mentioned during the Liturgy of Preparation every Sunday. Parishioners are urged to update or delete their prayer listings.

Those Ailing: **Margaret Olaf; Margaret Yawkey**—Hershey Medical Center; **Robert Michael Snyder**, brother of Evelyn & George Krempasky; **Nancy Sheaffer and William Sheaffer; Mary Hoffman; John Fatich; Roberta Cona; John Caba; Carol Boyer; Alex Kuzupas; Mary Essock; Nina Shvartsakh; Joe Krajsa; Eva Kondratick; Tanner Carmen; Alexander Galvin; Gregory Burch;**

Health and well-being of: **SSG Kevin Leonhard** in Iraq, friend of the Hancher's, **Steve Fecho, John Parson** and **Stanley Seitzinger** from the Hancher family; **Matthew Sysak, Andrea Atkins, Brianna Atkins, Anna Thompson; Michael Egan**, Anna Doray's son-in-law, who is being deployed to Iraq; **Nicholas Serio**, in Iraq; **Katherine Pilc; Russ Sass;**

Newly Departed from This Life:

George Malinich—Feb 14th, father of Laura; **Catherine Papaharalambos**—Feb 9th, Matushka Frances Vansuch's mother; **Herl R. Prutzman**—Feb 2nd, father of Cheryl A. Martin; **Pauline Jadick**, 66, Anchorage, Alaska—Feb 6th, Father Dan's cousin; **Florence Chidylo**—Jan 28th, cousin of Evelyn & George Krempasky; **Anna Pampalona**—Jan 25th, sister of Janet Kuzupas; **Sally Zias**—Jan 25th, mother of V. Rev. Jeffrey Zias of St. Michaels in St Clair (Fr. Jeffrey is the brother-in-law of George Hatalowich);

Anniversaries of Those Departed from This Life:

Jifna Creznic, March 5th is the anniversary;

Eva Kessock, aunt of Elizabeth Howe, March 6th is the anniversary;

Joseph Martin, father of David Martin, March 6th is the anniversary;

Mary Kasabo Kalenevitch, mother of Elaine M. Kalenevitch, March 7th is the anniversary;

Sonia Mioff, wife of Eli Mioff, March 8th is the 6th anniversary;

William Homisak, father of Irene Sumple, March 9th is the anniversary;

ON FEBRUARY 21st Margaret Olaf had a heart attack, by the time the ambulance arrived at the hospital she had suffered a second heart attack. She is currently listed in critical condition in the intensive care unit of the Shamokin Hospital. Please keep Margaret in your prayers and well wishes.

If anyone would like to send get well cards or messages of hope to Margaret, Please send them to 104 Arizona Avenue, Kulpmont, PA 17834. Margaret's niece Cecelia Ives will be picking up mail and delivering to the Shamokin Hospital.

Candle Offerings: (We do not use decorated candles during Lent and Holy Week)

Nine altar candles were placed Sunday, February 25th for **Gregory S. Sysak** by his parents Harry and Dottie Sysak. **Gregory Sysak** celebrated his birthday on February 2nd.

Many Years (*Names for the singing of MANY YEARS after the Sunday Divine Liturgy will be accepted for publication in the weekly bulletin. Please email ctsocahbg@aol.com with the information.*)

Effie Spaseff will celebrate her birthday on **March 4th**.

Nicholas Ressetar will celebrate his birthday on **March 7th**.

Willard Brown will celebrate his birthday on **March 9th**.

Joseph Mazurek will celebrate his birthday on **March 9th**.

Basil Sumple will celebrate his birthday on **March 9th**.

Pelagia Szewczyk, wife of Maksym Szewczyk, will celebrate her birthday on **March 9th**.

TODAYS NEWS

TODAY: Presentation of the OCMC Mission Team to Albania: The Three Hierarchs discussion group invited Philip Graybill to make a presentation in our church. OCMC has sent a Mission Team to Albania in August of 2006 to provide spiritual, religious and educational efforts to the people of Albania. Being a member of this team, Philip shared his experiences with us and brought us up-to-date on the state of affairs there. Philip is currently attending our sister Mission, the Church of the Holy Apostles located in Mechanicsburg.

There will be a question and answer period during the fellowship hour. You will be able to ask Philip questions during the coffee hour on his Mission to Albania.

DIRECTIONS to Holy Ascension Church in Frackville: Take Rte 81 north to the Frackville exit. On the main street, turn right at the church corner-the church has bright gold domes. The parking lot is behind it. Father Neal Carrigan is the temporary acting pastor, by the way.

TOMORROW the Men's Club will meet at **7:30 p.m.**

THIS WEDNESDAY evening Divine Liturgy of the Pre-Sanctified Gifts will be celebrated by His Grace, Bishop Tikhon, at 6 p.m. at St. Michael's Church in Minersville. Frackville Deanery priests will participate and assist.

AN AKATHISTOS will be chanted at 6:30 p.m. on Tuesday, **March 13** to honor the visit of the Myrrh-streaming Icon of Saint Anna and the Theotokos at St. Nicholas Serbian Orthodox Church, 601 South Harrisburg Street, in Oberlin.

In cooperation with the local Orthodox clergy, Father Archimandrite Athanasy Mastalski and Father Ljubo Milosevich will bring it from the Church of Our Lady, Joy of All Who Sorrow, in Philadelphia.

Father Athanasy will give the homily. Everyone is welcome!

PARISH NEWS

NUT ROLL BAKING: The parish will be baking walnut, poppy seed and apricot rolls for Pascha. Set-up will be on Monday morning, **March 26 at 9:00 a.m.** Baking will be done on Tuesday, **March 27** and Wednesday, **March 28 at 8:00 a.m.** each day. Help is needed not only for baking, but also for bagging in the afternoon and clean-up in the evening. Please try to come and help for this big parish project.



NUT ROLL ORDERS: Orders are being taken for walnut, poppy seed and apricot rolls for Pascha. The cost is **\$9 per roll**. Please see or call Jean Dotsey (566-0395) or Dotty Fedetz (652-3264) by Tuesday, **March 20**. Please understand that if you call after this date, you may not be able to have your order filled.

PASCHA BREAD ORDERS: The Men's Club is now taking orders for Pascha breads. The cost is **\$5 per loaf**, and they can be ordered either with white raisins or plain (without raisins). Please see Josh DiFlorio or John Dotsey to place your order.

OLD CELL PHONES are being collected by the Junior "O" Club. Bring them to church.

MEN'S CLUB SOUP SALE – Once again this Lent, the Men's Club will sell homemade soup during fellowship hour. The \$1 donation goes to our Lenten charity project, The Smile Train. This organization provides operations for disadvantaged children with cleft palates around the world. Our \$250 donation will provide an operation for a needy child. Please support this worthwhile project.

"IN NEED OF HELP: Fr. Michael Mihalick is a priest in the Orthodox Church of America. Throughout his priestly ministry, he cared for those sick in soul and body. Now, due to an aggressive form of Multiple Sclerosis, he has had to retire from active ministry. He is 56 years old and can no longer care for himself or his family. Fr. Michael cannot walk or talk very well and cannot even eat by himself and he needs constant care by his wife. So, she is unable to work either and has her own medical problems, but she does not have health insurance. They need help to help pay for her health insurance and to pay bills. I am sure they will be grateful for any donations and it would be most appreciated. During this time of Great Lent, let us open our hearts to help those in need. Donations can be sent to: Janet Mihalick, 323 Nees Avenue, Johnstown, PA 15904 or can be routed through Christ the Saviour Orthodox Church, P.O. Box 179, Bishopville, MD 21813 (please mark donations sent to the church "Mihalick Support". Thank you."



Frackville Deanery Lenten Mission Vespers at 5 pm on Sundays:

March 4 at Holy Ascension Church in Frackville
March 11 at Holy Apostles Mission in Mechanicsburg
March 18 at Holy Ascension Church in Lykens
March 25 at St. Michael's Church in Mount Carmel

FUTURE EVENTS

EVENING Divine Liturgies of the Pre-Sanctified Gifts will be celebrated every Friday evening during the month of March at our church.

Mar 12th, Mon: Pan-Orthodox Academy meeting at Holy Trinity Cathedral at 6:30 p.m.

Mar 26th, Mon: Men's Club meeting has been changed to **April 9th at 7:30 p.m.**



Daylight Saving Time begins on Sunday March 11th this year. Saturday evening place your clocks and watches ahead one hour. All atomic clocks and cell phones will be adjusted automatically. Remember the rule: Spring forward; fall backward!



2nd Sunday of Great Lent St Gregory Palamas

Commemorated on March 4

This Sunday was originally dedicated to St Polycarp of Smyrna (February 23). After his glorification in 1368, a second commemoration of St Gregory Palamas (November 14) was appointed for the Second Sunday of Great Lent as a second "Triumph of Orthodoxy."

Saint Gregory Palamas, Archbishop of Thessalonica, was born in the year 1296 in Constantinople. St Gregory's father became a prominent dignitary at the court of Andronicus II Paleologos (1282-1328), but he soon died, and Andronicus himself took part in the raising and education of the fatherless boy. Endowed with fine abilities and great diligence, Gregory mastered all the subjects which then comprised the full course of medieval higher education. The emperor hoped that the youth would devote himself to government work. But Gregory, barely twenty years old, withdrew to Mount Athos in the year 1316 (other sources say 1318) and became a novice in the Vatopedi monastery under the guidance of the monastic Elder St Nicodemus of Vatopedi (July 11). There he was tonsured and began on the path of asceticism. A year later, the holy Evangelist John the Theologian appeared to him in a vision and promised him his spiritual protection. Gregory's mother and sisters also became monastics.

After the demise of the Elder Nicodemus, St Gregory spent eight years of spiritual struggle under the guidance of the Elder Nicephorus, and after the latter's death, Gregory transferred to the Lavra of St Athanasius (July 5). Here he served in the trapeza, and then became a church singer. But after three years, he resettled in the small skete of Glossia, striving for a greater degree of spiritual perfection. The head of this monastery began to teach the young man the method of unceasing prayer and mental activity, which had been cultivated by monastics, beginning with the great desert ascetics of the fourth century: Evagrius Pontikos and St Macarius of Egypt (January 19).

Later on, in the eleventh century St Simeon the New Theologian (March 12) provided detailed instruction in mental activity for those praying in an outward manner, and the ascetics of Athos put it into practice. The experienced use of mental prayer (or prayer of the heart), requiring solitude and quiet, is called "Hesychasm" (from the Greek "hesychia" meaning calm, silence), and those practicing it were called "hesychasts."

During his stay at Glossia the future hierarch Gregory became fully imbued with the spirit of hesychasm and adopted it as an essential part of his life. In the year 1326, because of the threat of Turkish invasions, he and the brethren retreated to Thessalonica, where he was then ordained to the holy priesthood.

St Gregory combined his priestly duties with the life of a hermit. Five days of the week he spent in silence and prayer, and only on Saturday and Sunday did he come out to his people. He celebrated divine services and preached sermons. For those present in church, his teaching often evoked both tenderness and tears. Sometimes he visited theological gatherings of the city's educated youth, headed by the future patriarch, Isidore. After he returned from a visit to Constantinople, he found a place suitable for solitary life near Thessalonica the region of Bereia. Soon he gathered here a small community of solitary monks and guided it for five years.

St Gregory performed many miracles in the three years before his death, healing those afflicted with illness. On the eve of his repose, St John Chrysostom appeared to him in a vision. With the words "To the heights! To the heights!" St Gregory Palamas fell asleep in the Lord on November 14, 1359. In 1368 he was canonized at a Constantinople Council under Patriarch Philotheus (1354-1355, 1364-1376), who compiled the Life and Services to the saint.

How good it is to be in Church—to hear the holy prayers, the chanting and the reading of the psalms! What spiritual depths are concealed in the psalms and other divine prayers! Of course, the reader cannot grasp everything; but if just one thought makes a lasting impression, then much has been gained.

~St. Nikon of Optina